



Daytona Beach Shores COMMUNITY CENTER

OCTOBER
2022

Newsletter



CONTACT US

Director of Recreation:

Nancy Maddox

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3000 Bellemead Drive

Daytona Beach Shores, FL 32118

(386) 281-3000

HOURS

Mon., Wed. & Fri.: 8 am – 4:30 pm

Tuesday: 8 am – 7:30 pm

Thursday: 8 am – 8 pm

Saturday: 8 am – 2 pm

PICKLEBALL COURTS

Open Daily

8 am – 10 pm

No reservations needed

TENNIS COURTS

Open Daily

8 am – 10 pm

RESERVATION TIMES FOR SHORES RESIDENTS ONLY

8 – 9:30 am

9:30 – 11 am (doubles only)

11 am – 12:30 pm

WEBSITE:

www.dbshores.org/calendar

MORNING ACTIVITIES

Sittercise: Video Exercise Monday – Saturday 9-9:30 am

Dance Aerobics: Video Exercise Wednesdays, & Fridays 9:30-10:15 am

SilverSneakers®: Certified Instructor Kandi Simons. Muscle Strength & Range of Movement. Tuesdays & Thursdays 9:30-10:15 am

SilverSneakers® Video: Muscle Strength & Range of Movement.
Saturdays 9:30-10:15 am

Zumba Gold: Licensed Instructor Barbara Mitchell. Mondays 10:30-11:15 am and Tuesdays & Thursdays 8:45-9:30 am. Dance your way to a fitter you! Exciting, unique Latin & International moves & rhythms! No classes October 17 - November 12.

Coffee with The Mayor: Wednesday, October 12, from 10:00-11:00 a.m. This month's guest speakers are State Rep. Tom Leek and State Sen. Tom Wright. Mayor Nancy Miller will share Shore happenings. Enjoy coffee and light refreshments. It is free to attend, and reservations are not needed.

Samba: Canasta card game variation of Hand & Foot. Fridays PLAY BEGINS 11 am-3 pm. Will teach beginners. Call to register by Thursday prior. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Hand, Foot & Elbow: Card game version of Canasta. Instructor available. Saturdays 10:30 am-1:30 pm. Please register by Thursday prior. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Contract Bridge: Tuesdays 11:30 am. \$1 per person. Register ASAP.

Mah Jongg: Wednesdays 11 am-12:30 pm. Practice playing. Someone available to answer questions. New players looking to play for fun, please join us.

Oil Painting: Instructor Rosetta. Saturday, October 15, from 9:45 am-12:15 pm. \$30 per person includes supplies. Cash payment due with registration by Tuesday of that week. If you don't think you can paint, come anyway, and be surprised with your painting!



AFTERNOON ACTIVITIES

Hand and Foot: Card game Mondays, set-up 11:45 a.m.; PLAY BEGINS 12 noon. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Pinochle: Tuesdays 1 pm. Please register by at least the Monday prior to ensure that we have 4 players per table. Play will resume in September.

Mexican Train (Dominos): *LOOKING FOR NEW PLAYERS.* Thursdays 12 noon. This train is almost full – preregistration is required by Monday prior to departure. The train is on track waiting for you! All levels welcome.

Chair Volleyball: Beach Ball, Net, Chairs, Fitness, Fun! Thursdays 1 pm.

SilverSneakers® Video: Muscle Strength & Range of Movement. Wednesdays 1:30-2:15 pm.

Mah-Jongg: Thursdays, set-up 11:45 pm. PLAY BEGINS 12 noon. NO CLOSED GAMES!

Book Club: Wednesday, October 5, 2:00-4:00 pm. Intelligence & Espionage History-Behind Enemy Lines: True Story of a French Jewish Spy in Nazi Germany. Moderator: Nancy.

Free Seminar: The Daytona Beach Shores Department of Public Safety is offering a free seminar on Scams & Frauds at 2 p.m. Tuesday, Oct. 25, at the Shores Community Center. Detective Sgt. Jessica Long and Crime Analyst Kelley Register will provide information on recognizing and avoiding common scams and frauds. For more information, contact the Shores Community Center at 386-281-3000 or visit www.CityofDBS.org.

Ballroom Dancing Classes: Wednesdays beginning October 5 at the Shores Community Center, and registration is now open! Classes will be offered from 3-4 p.m. Nationally Certified Instructor Jean Krupa from USA Dance Chapter #6026 will focus on a different dance for each four-week session. The first session will be Triple Step Swing. Space is limited. Reserve your spot by calling the Shores Community Center at 386-281-3000. Class price is \$5 per person, per class.

EVENING ACTIVITIES

City Council Meeting: Tuesdays, October 11 & 25, 6:00 pm in the Council Chambers at the Shores Community Center.

Acoustic Music Jam: Old Time, Country, Bluegrass & Folk music. Play your instrument, sing along or just sit back & enjoy! Thursdays, 5:30-7:45 pm. Free. Snacks & beverages permitted.

Chair Yoga: Instructor Mardi Williams. Tuesdays 4:30-5:30 pm. \$8 per class and social distancing. This active class is for those who will

practice seated and standing poses using the chair for support to help improve balance, posture, energy, breathing, strength, flexibility, and relaxation. Classes resume October 18.

Evening Gentle Yoga: Instructor Mardi Williams. Tuesdays & Thursdays 6 pm. \$8 per class and social distancing. Participants will need to bring their own mats, plus blocks and straps, if used. Classes resume October 13.

Food Trucks & Free Concert: Saturday, October 29, at the Shores Pavilion 4:30-8:30 p.m. Live music by blues band Packrat's Smokehouse. Enjoy gourmet food served out of food trucks, plus two cash bars. Free admission. Costumes optional. Bring a chair.

PICKLEBALL COURTS

Pickleball Open Play: McElroy Park. Daily 8 am-10 pm, 10 dedicated courts with lights. All ages & skill levels welcome. Equipment available for loan in Shores Community Center.

Intro to Pickleball: Certified Pickleball Instructor Sinny Richardson. McElroy Park. Mondays 8:30 am. Registration required by Friday prior to class. Maximum 6 students. Equipment provided. Free.

TENNIS COURTS

Tennis Open Play: Daily 8 am-10 pm. Six clay courts with lights. Court 6 open play all day, except 9:30-11 am. Courts 1-5 open play from 12:30-10 pm.

Reservation Times for Shores Residents Only: Courts 1- 5, 8-9:30 am; 9:30-11 am; 11 am- 12:30 pm. Court 6, 9:30-11 am

Round Robin: Sundays 8-11 am on Courts 1-4.