



DAYTONA BEACH SHORES
COMMUNITY CENTER
DECEMBER 2021 NEWSLETTER

CONTACT INFORMATION

Director of Recreation: Nancy Maddox
Email: nmaddox@cityofdbshores.org
3000 Bellemead Drive
Daytona Beach Shores, FL 32118
(386) 281-3000

HOURS

MON, WED, & FRI: 8 AM – 4:30 PM
TUESDAY: 8 AM – 7:30 PM
THURSDAY: 8 AM – 8 PM
SATURDAY: 8 AM – 2 PM

PICKLEBALL COURTS

OPEN DAILY
8:00 AM–10:00 PM
NO RESERVATIONS NEEDED

TENNIS COURTS

OPEN DAILY
8:00 AM–10:00 PM

RESERVATION TIMES FOR SHORES RESIDENTS ONLY

8:00-9:30 AM
9:30-11:00 AM
11:00 AM-12:30 PM

Website:

www.dbshores.org

MORNING ACTIVITIES

Sittercise: Video Exercise Monday – Saturday 9-9:30 a.m.

Zumba Gold: Licensed Instructor Barbara Mitchell. Mondays 10:30-11:15 a.m. and Tuesdays & Thursdays, 8:45-9:30 a.m. Dance your way to a fitter you! Exciting, unique Latin & International moves & rhythms!

Dance Aerobics: Video Exercise Fridays & Saturdays 9:30-10:15 a.m.

SilverSneakers®: Certified Instructor Kandi Simons. Muscle Strength & Range of Movement. Tuesdays & Thursdays, 9:30-10:15 a.m.

SilverSneakers® Video: Muscle Strength & Range of Movement. Saturdays 11:00-11:45 a.m.

Zumba Gold: Licensed Instructor Barbara Mitchell. Mondays 10:30-11:15 a.m. and Tuesdays & Thursdays, 8:45-9:30 a.m. Dance your way to a fitter you! Exciting, unique Latin & International moves & rhythms!

Line Dancing Classes: TBD. Instructor Joe Parilla. Wednesdays 10:00-11:00 a.m. Beginner classes.

Coffee with The Mayor: Wednesday, December 8, from 10:00-11:00 a.m.

Samba: Canasta card game variation of Hand & Foot. Fridays PLAY BEGINS 11:00 a.m.-3:00 p.m. Will teach beginners. Call to register by Thursday prior. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Hand, Foot & Elbow: Card game version of Canasta. Instructor available. Saturdays 10:30 a.m.-1:30 p.m. Please register by Thursday prior. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Contract Bridge: Tuesdays 11:30 a.m. \$1 per person. Register ASAP.

Mah Jongg: Wednesdays, 11:00 a.m.-12:30 p.m. Practice playing. Someone available to answer questions. New players looking to play for fun, please join us.

Oil Painting: No class in December. Instructor Rosetta. Saturday, January 15, from 9:45 a.m.-12:15 p.m. \$30 per person includes supplies. Cash payment due with registration by Tuesday of that week. If you don't think you can paint, come anyway and be surprised with your painting.



AFTERNOON ACTIVITIES

Hand and Foot: Card game Mondays, set-up 11:45 a.m.; PLAY BEGINS 12 noon. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Pinochle: Tuesdays 1:00 p.m. Please register by at least the Monday prior to ensure that we have 4 players per table.

Mexican Train (Dominos): *LOOKING FOR NEW PLAYERS.* Thursdays 12:00 P.M. This train is almost full – preregistration is required by Monday prior to departure. The train is on track waiting for you! All levels welcome. Toot Toot.

Chair Volleyball: Beach Ball, Net, Chairs, Fitness, Fun! Thursdays 1:00 p.m.

SilverSneakers® Video: Muscle Strength & Range of Movement. Wednesdays 1:30-2:15 p.m.

Bunco: Wednesdays 1:00 p.m. Easy to learn, fun game of dice. \$4. Reserve by Tuesday prior. No skill required.

Mah-Jongg: Thursdays, set-up 11:45 p.m. PLAY BEGINS 12:00 P.M. NO CLOSED GAMES!

Book Club: Wednesday, December 1, 2:00-4:00 p.m. Free read. Bring your most recently read or favorite book and provide a brief synopsis to the group. The group will vote for 2022 book titles

City Holiday Parade, Food Trucks & Concert: Saturday, December 4, Parade to benefit Operation Changing Lives will be starting a little before 2:00 p.m. traveling North from Crabby Joe's. Food Trucks in south parking lot of the Shores Community Center at 3:30 p.m. Performance by the Orlando Philharmonic begins at 4:30 p.m. behind the Shores Community Center. The Tree Lighting ceremony will be between 5:30-5:45 p.m.

EVENING ACTIVITIES

City Council Meeting: Tuesdays, December 14 & 28, 6:00 p.m. in the Council Chambers.

Acoustic Music Jam: Old Time, Country, Bluegrass & Folk music. Play your instrument, sing along or just sit back & enjoy! Thursdays, 5:30-7:45 p.m. Free. Snacks & Beverages permitted.

Active Up & Down Chair Yoga: Instructor Mardi Williams. Tuesdays from 4:30 - 5:30 p.m. \$8.00 per class and social distancing. This active class is for those who will practice seated and standing poses using the chair for support to help improve balance, posture, energy, breathing, strength, flexibility and relaxation.

Evening Gentle Yoga: Instructor Mardi Williams. Tuesdays & Thursdays at 6:00 p.m. \$8.00 per class and social distancing. Participants will need to bring their own mats, plus blocks and straps if used.

Community Appreciation Cookout: Thursday, December 9, from 4:00-6:00 pm. The City Council invites all residents to a cookout. Hot Dogs and Hamburgers and all the “Fixings.” Social Distancing and Face Masks.

PICKLEBALL COURTS

Pickleball Open Play: McElroy Park. Daily 8 a.m.-10 p.m., 10 dedicated courts with lights. All ages & skill levels welcome. Equipment available for loan in Shores Community Center.

Intro to Pickleball: Certified Pickleball Instructor Sinny Richardson. McElroy Park. Mondays 8:30 a.m. Registration required by Friday prior to class. Maximum 6 students. Equipment provided. Free.

TENNIS COURTS

Tennis Open Play: Daily 8:00 a.m.-10:00 p.m. Six clay courts with lights. Court 6 open play except from 9:30-11:00 a.m. Courts 1-5 open play from 12:30-10:00 p.m.

Reservation Times for Shores Residents Only: Courts 1- 5, 8:00-9:30 a.m.; 9:30-11:00 a.m.; 11:00 a.m.- 12:30 p.m. Court 6, 9:30-11:00 a.m.

Round Robin: Sundays from 8:00 a.m. until 11:00 a.m. on Courts 1-5.