



DAYTONA BEACH SHORES
COMMUNITY CENTER
NOVEMBER 2021 NEWSLETTER

CONTACT INFORMATION

Director of Recreation: Nancy Maddox
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3000 Bellemead Drive
Daytona Beach Shores, FL 32118
(386) 281-3000

HOURS

MON, WED, & FRI: 8 AM – 4:30 PM
TUESDAY: 8 AM – 7:30 PM
THURSDAY: 8 AM – 8 PM
SATURDAY: 8 AM – 2 PM

PICKLEBALL COURTS

OPEN DAILY
8:00 AM–10:00 PM
NO RESERVATIONS NEEDED

TENNIS COURTS

OPEN DAILY
8:00 AM–10:00 PM

RESERVATION TIMES FOR SHORES RESIDENTS ONLY

8:00-9:30 AM
9:30-11:00 AM
11:00 AM-12:30 PM

Website:

www.dbshores.org

MORNING ACTIVITIES

Sittercise: Video Exercise Monday – Saturday 9-9:30 a.m.

Zumba Gold: Licensed Instructor Barbara Mitchell. Mondays 10:30-11:15 a.m. and Tuesdays & Thursdays, 8:45-9:30 a.m. Dance your way to a fitter you! Exciting, unique Latin & International moves & rhythms!

Dance Aerobics: Video Exercise Fridays & Saturdays 9:30-10:15 a.m.

SilverSneakers®: Certified Instructor Kandi Simons. Muscle Strength & Range of Movement. Tuesdays & Thursdays, 9:30-10:15 a.m.

SilverSneakers® Video: Muscle Strength & Range of Movement. Saturdays 11:00-11:45 a.m.

Zumba Gold: Licensed Instructor Barbara Mitchell. Mondays 10:30-11:15 a.m. and Tuesdays & Thursdays, 8:45-9:30 a.m. Dance your way to a fitter you! Exciting, unique Latin & International moves & rhythms!

Line Dancing Classes: TBD. Instructor Joe Parilla. Wednesdays 10:00-11:00 a.m. Beginner classes.

Coffee with The Mayor: Wednesday, November 10, from 10:00-11:00 a.m.

Samba: Canasta card game variation of Hand & Foot. Fridays PLAY BEGINS 11:00 a.m.-3:00 p.m. Will teach beginners. Call to register by Thursday prior. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Hand, Foot & Elbow: Card game version of Canasta. Instructor available. Saturdays 10:30 a.m.-1:30 p.m. Please register by Thursday prior. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Contract Bridge: Tuesdays 11:30 a.m. \$1 per person. Register ASAP.

Mah Jongg: Wednesdays, 11:00 a.m.-12:30 p.m. Practice playing. Someone available to answer questions. New players looking to play for fun, please join us.

Oil Painting: Instructor Rosetta. Saturday, November 20, from 9:45 a.m.-12:15 p.m. \$30 per person includes supplies. Cash payment due with registration by Tuesday of that week. If you don't think you can paint, come anyway and be surprised with your painting.



AFTERNOON ACTIVITIES

Hand and Foot: Card game Mondays, set-up 11:45 a.m.; PLAY BEGINS 12 noon. Partners will be chosen by picking cards. Please arrive 15 minutes early; cards will be drawn for partners.

Pinochle: Tuesdays 1:00 p.m. Please register by at least the Monday prior to ensure that we have 4 players per table.

Chair Volleyball: Beach Ball, Net, Chairs, Fitness, Fun! Thursdays 1:00 p.m.

SilverSneakers® Video: Muscle Strength & Range of Movement. Wednesdays 1:30-2:15 p.m.

Bunco: Wednesdays 1:00 p.m. Easy to learn, fun game of dice. \$4. Reserve by Tuesday prior. No skill required.

Mah-Jongg: Thursdays, set-up 11:45 p.m.; PLAY BEGINS 12:00 P.M. NO CLOSED GAMES!

Book Club: Meet the Author at Red Lobster Restaurant, Daytona Beach Shores, Wednesday, November 3, 2:00-4:00 p.m. “Decoy: A Kyle McBride Adventure” by Cal Thomas

EVENING ACTIVITIES

City Council Meeting: Tuesdays, November 9 & 23, 6:00 p.m. in the Council Chambers.

Acoustic Music Jam: Old Time, Country, Bluegrass & Folk music. Play your instrument, sing along or just sit back & enjoy! Thursdays, 5:30-7:45 p.m. Free. Snacks & Beverages permitted.

[Active Up & Down Chair Yoga](#): Instructor Mardi Williams. Tuesdays from 4:30 - 5:30 beginning November 2. This active class is for those who will practice seated and standing poses using the chair for support to help improve balance, posture, energy, breathing, strength, flexibility and relaxation.

[Evening Gentle Yoga](#): Instructor Mardi Williams. Tuesdays & Thursdays at 6:00 p.m. \$8.00 per class and social distancing. Participants will need to bring their own mats, plus blocks and straps if used.

[Free Concert & Truck Event](#): Friday, November 5, at the Shores Pavilion 4:30-8:30 p.m. Live Music by MPiRE.

PICKLEBALL COURTS

[Pickleball Open Play](#): McElroy Park. Daily 8 a.m.-10 p.m., 10 dedicated courts with lights. All ages & skill levels welcome. Equipment available for loan in Shores Community Center.

[Intro to Pickleball](#): Certified Pickleball Instructor Sinny Richardson. McElroy Park. Mondays 8:30 a.m. Registration required by Friday prior to class. Maximum 6 students. Equipment provided. Free.

TENNIS COURTS

[Tennis Open Play](#): Daily 8:00 a.m.-10:00 p.m. Six clay courts with lights. Court 6 open play except from 9:30-11:00 a.m. Courts 1-5 open play from 12:30-10:00 p.m.

[Reservation Times for Shores Residents Only](#): Courts 1- 5, 8:00-9:30 a.m.; 9:30-11:00 a.m.; 11:00 a.m.- 12:30 p.m. Court 6, 9:30-11:00 a.m.

[Round Robin](#): Sundays from 8:00 a.m. until 11:00 a.m. on Courts 1-5.

